

VISIT OUR 1st FLOOR
KIOSK FOR
GRAB-N-GO ITEMS!




NUTRITION CARE DIVISION
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL
OUR DAILY SPECIALTIES

WEEK 2



5/16/2016 0:00

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	3-Jul-2016	4-Jul-2016	5-Jul-2016	6-Jul-2016	7-Jul-2016	8-Jul-2016	9-Jul-2016
GREAT BEGINNINGS BREAKFAST MENU	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Biscuit Rolls Oatmeal/Grits (V)	Breakfast Burrito Oatmeal/Grits (V)	Breakfast Sandwich Oatmeal/Grits (V)	Breakfast Burrito Oatmeal/Grits (V)	Breakfast Sandwich Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)
MON - FRI 0600-0900 WKND & HOLIDAYS 0700-1000	French Toast (V) Hash Brown Patties	Pancakes (V) O'Brien Potatoes	Waffles (V) Hash Brown Patties	French Toast (V) O'Brien Potatoes	Pancakes (V) Hash Brown Casserole	Waffles (V) Shredded Hash Browns	French Toast (V) Hash Brown Patties
FEATURING: OMELETS MADE TO ORDER MADE FRESH DAILY	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits	Bacon/Sausage Turkey Links Sausage Gravy/Biscuits	Bacon/Sausage/Turkey Bacon Grilled Pork chop Sausage Gravy/Biscuits	Bacon/Sausage/ Turkey Bacon Corned Beef Hash Sausage Gravy/Biscuits	Bacon/Sausage Turkey Links Sausage Gravy/Biscuits	Bacon/Sausage/Turkey Bacon Chicken Fried Steak Sausage Gravy/Biscuits	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits
HOLIDAY 4TH OF JULY							
PANINI OF THE DAY	Soup of the Day	Philly Steak & Cheese	Chili	Hot Pastrami	chili	New Orleans Style Catfish Po Boy	Soup of the Day
SOUPS	Baked Ham	Chili	GLWACH Tortilla Soup	Chili	Egg Drop Soup	Chili	Blackened Tilapia
MID-DAY FARE	Scalloped potatoes	Barbcue Chicken	Beef/ Chicken /Fish Tacos	French Onion Soup	Port Tenderloin w/ peanut sauce	Tomato Basil Soup	Country Fried Pork Steak
MON - FRI 1100-1400 WKND & HOLIDAYS 1000-1400	Grilled Zucchini (V) Home-style Dinner Rolls	Grilled Hot Dog/Hamburger Tuscan Herbed Fish	Pollo con Cilantro Pork Pernil	Lemon Pepper Catfish WING WEDNESDAY	Chicken Lo Mein Vegetable Lo Mein	Blackened Catfish Fried Catfish	Mashed Potatoes Mixed Vegetables (V)
FEATURING: FRESH GRILLED ITEMS WRAPS & DELI SANDWICHES	Dessert of the Day	Baked Beans Steamed Corn Normandy Vegetables (V) Grilled Brussel Sprouts (V) Dinner Watermeleon	Mexican Rice Ranchero Beans (V) Sonoma Vegetables Mexican Corn (V) Taquitos German Chocolate Cake/Parfait	Mashed Potatoes (V) Wild Rice (V) Grilled Zucchini Garlic Green Beans (V) Home-style Dinner Roll Carrot Cake /Parfait	Jasmine Rice Fried Rice Asian Fried Cabbage (V) Key Biscayne Vegetables (V) Vegetable Egg Rolls (V) Apple Pie/ Parfait	Smoked BBQ Beef Brisket Mashed Potatoes Hash Brown Casserole (V) Winter Blend Vegetables (V) Okra w/ Stewed Tomatoes (V) Dinner Roll	Home-style Dinner Rolls Dessert of the Day
		Chocolete Cake					
Try our Vegetarian (V) Options!		Hot Specialty Soup & Chili					
WEEKEND MENU		Sausage & Peppers Oven Roasted Potatoes (V) Stewed Tomatoes w/ Zucchini (V) Normandy Vegetables (V) Garlic Bread French Silk Pie	Hot Specialty Soup & Chili Swiss Steak w/ Onions Mashed Potatoes (V) Sonoma Vegetables Broccoli Spears (V) Wheat Dinner Roll German Chocolate Cake	Hot Specialty Soup & Chili Savory Baked Chicken Au Gratin Potatoes (V) Garlic Green Vegetables (V) Bermuda Vegetables (V) Home-style Dinner Roll Carrot Cake	Hot Specialty Soup & Chili Potato Crusted Tilapia Couscous (V) Normandy Vegetables (V) Glazed Carrots (V) Wheat Dinner Roll Apple Pie	Hot Specialty Soup & Chili Oven Baked Pork chops Garden Rice Fire Roasted Apples Grilled Brussel Sprouts (V) Baking Powder Biscuits	
MON - FRI 1600-1800 WKND & HOLIDAYS 1530-1730							
FEATURING: FRESH GRILLED ITEMS SALADS & DELI SANDWICHES	Mixed Vegetables (V) Dessert of the Day						Mixed Vegetables (V) Dessert of the Day